

# workout

PLAYLIST

## WARMUP + STRETCH

JOY OF THE LORD (LIVE)  
bethel music

GOODNESS OF GOD (LIVE)  
bethel music + jenn johnson

AIN'T NO GRAVE (LIVE)  
bethel music + molly skaggs

## LIGHT WORKOUT

MISTAKES  
unspoken

STILL ROLLING STONES  
lauren daigle

NOW I SEE  
the mcclures

## MODERATE WORKOUT

IN OVER MY HEAD (LIVE)  
bethel music + jenn johnson

COME TO ME (LIVE)  
bethel music + jenn johnson

BURN THE SHIPS  
for king + country

## FIRE IT UP

RAISE A HALLALUJAH (LIVE)  
johnathan + melissa helser

LIVING HOPE (LIVE)  
bethel music + bethany wohrle

KING OF MY HEART  
bethel music + steffany gretzinger

I SEE A VICTORY  
elevation worship

WON'T STOP NOW  
elevation worship

WE BELIEVE  
newsboys

## COOL DOWN

VICTORY IS YOURS  
bethel music + bethany wohrle

PRINCE OF PEACE (LIVE)  
hillsong united

A LITTLE LONGER  
bethel music

ONCE AND FOR ALL  
lauren daigle